

Community Health Improvement Plan 2016

Summary

West Holt Memorial Hospital is a 17 bed critical access hospital with rural health clinic offering 24-hour access to inpatient and emergency services with five providers on staff. With approximately 90 employees, we provide comprehensive, community-based healthcare to residents in north central Nebraska with a full-service hospital, medical clinic (rural health clinic) and an on campus retail pharmacy. On-site comprehensive diagnostic services and outpatient care make it possible for patients to receive quality healthcare.

The Mission of West Holt Memorial Hospital is to provide well-rounded family healthcare with respect and understanding for the physical and emotional needs of our North Central Nebraska Communities.

Service Area

In a study completed in 2014 by Heartland Health Alliance, the primary service area for West Holt Memorial Hospital was determined to be Holt County, NE. Over 70% of the patient population was from either Atkinson or Stuart, NE. The secondary service area includes other towns in Holt County, as well as the surrounding counties of Rock and Keya Paha.

Prioritized List of Significant Health Needs Identified in the CHNA

Through discussion and consensus voting, the following community health priority areas were selected:

- PHYSICAL WELLNESS
- MENTAL WELLNESS
- AGING POPULATION & RELATED ISSUES
- SUBSTANCE ABUSE

Significant Health Needs to be Addressed

Although many hospitals in our North Central District through the Health Department are narrowing their focus to one or two priority areas, West Holt Memorial Hospital determined we are already working towards improved community health in these areas and made the decision to keep all four priorities for the time being. Some of the priority areas certainly cross-over, so adjustments may be made to our CHIP as we move forward over the next three years.

PHYSICAL WELLNESS:

Goal—Enhance population health through promotion of community assistance initiatives.

West Holt Memorial Hospital will continue to support existing programs with known positive impact. West Holt Memorial Hospital will also work to integrate the community into our new wellness program as appropriate and feasible.

MENTAL WELLNESS:

Goal—Improve access to mental health services in our facility.

West Holt Memorial Hospital will integrate mental health services into our clinic by having a LMHP available in office one day per week. Frequency of availability may be increased in the future if deemed necessary. This will improve access while also addressing the stigma sometimes associated with seeking mental health assistance.

AGING POPULATION & RELATED ISSUES:

Goal—Increase population knowledge of home and community based services in the area and make referrals as appropriate.

West Holt Memorial Hospital will continue to support & promote existing programs focused for the over 60 population and coordinate care as appropriate.

SUBSTANCE ABUSE:

Goal—Decrease occurrence of prescription drug abuse.

West Holt Memorial Hospital will complete a Controlled Substance Medication Agreement with any patient prescribed any medication classified as a controlled substance.

Accessibility

The CHNA/CHIP will be accessible to the public via West Holt Memorial Hospital website (westholtmed.org) and printed copies will be available upon request.